

**ABOUT LIPITOR**  
Lipitor is a prescription medicine. Along with diet and exercise, it lowers "bad" cholesterol (胆固醇) in your blood. It can also raise "good" cholesterol.  
Lipitor can lower the risk of heart attack in patients with several common risk factors, including family history of early heart disease, high blood pressure, age and smoking.

**WHO IS LIPITOR FOR?**  
**Who can take LIPITOR:**  
• People who cannot lower their cholesterol enough with diet and exercise  
• Adults and children over 10  
**Who should NOT take LIPITOR:**  
• Women who are pregnant, may be pregnant, or may become pregnant. Lipitor may harm your unborn baby.  
• Women who are breast-feeding. Lipitor can pass into your breast milk and may harm your baby.  
• People with liver (肝脏) problems

**POSSIBLE SIDE EFFECTS OF LIPITOR**  
Serious side effects in a small number of people:  
• **Muscle (肌肉) problems** that can lead to kidney (肾脏) problems, including kidney failure  
• **Liver problems.** Your doctor may do blood tests to check your liver before you start Lipitor and while you are taking it.  
**Call your doctor right away if you have:**  
• Unexplained muscle pain or weakness, especially if you have a fever or feel very tired  
• Swelling of the face, lips, tongue, and/or throat that may cause difficulty in breathing or swallowing  
• Stomach pain  
**Some common side effects of LIPITOR are:**  
• Muscle pain  
• Upset stomach  
• Changes in some blood tests

**HOW TO TAKE LIPITOR**  
**Do:**  
• Take Lipitor as prescribed by your doctor.  
• Try to eat heart-healthy foods while you take Lipitor.  
• Take Lipitor at any time of day, with or without food.  
• If you miss a dose (一剂), take it as soon as you remember. But if it has been more than 12 hours since your missed dose, wait. Take the next dose at your regular time.  
**Don't:**  
• Do not change or stop your dose before talking to your doctor.  
• Do not start new medicines before talking to your doctor.

56. What is a major function of Lipitor?  
A. To help quit smoking.  
B. To control blood pressure.  
C. To improve unhealthy diet.  
D. To lower "bad" cholesterol. [D]
57. Taking Lipitor is helpful for \_\_\_\_\_.  
A. breast-feeding women  
B. women who are pregnant  
C. adults having heart disease  
D. teenagers with liver problems [C]
58. If it has been over 12 hours since you missed a dose, you should \_\_\_\_\_.  
A. change the amount of your next dose  
B. eat more when taking your next dose  
C. have a dose as soon as you remember  
D. take the next dose at your regular time [D]
59. Which of the following is a common side effect of taking Lipitor?  
A. Face swelling.  
B. Upset stomach.  
C. Kidney failure.  
D. Muscle weakness. [B]
60. What is the main purpose of the passage?  
A. To teach patients ways for quick recovery.  
B. To present a report on a scientific research.  
C. To show the importance of a good lifestyle.  
D. To give information about a kind of medicine. [D]

**B**

When Mary Moore began her high school in 1951, her mother told her, "Be sure and take a typing course so when this show business thing doesn't work out, you'll have something to rely on." Mary responded in typical teenage fashion. From that moment on, "the very last thing I ever thought about doing was taking a typing course," she recalls.  
The show business thing worked out, of course. In her career, Mary won many awards. Only recently, when she began to write *Growing Up Again*, did she regret ignoring her mom. "I don't know how to use a computer," she admits.  
Unlike her 1995 autobiography, *After All*, her second book is less about life as an award-winning actress and more about living with diabetes (糖尿病). All the money from the

# 三湘都市报华声在线恭祝各位高考学子心想事成!

## 疯狂李阳 来湘亲授英语学习秘诀

三湘都市报、索菲亚国际美容事业机构、名典咖啡语茶携手疯狂英语创始人李阳老师 6月22日来长沙亲授英语学习秘诀,少量免费门票可领取



多年前,那个戴着大框眼睛的李阳,领着一帮年轻人在春节联欢晚会上大喊“来是 come,去是 go,要打招呼喊 hello”的场景至今还让亿万中国人记忆犹新。一定也还有不少孩子依旧惦记着李阳陪伴度过的那些疯狂夏天。那些见过李阳的勿须再怀念,没有见过的也不用抱憾,因为李阳又来了!6月22日,“口语教父”李阳将空降星城,在湖南大剧院设立讲堂,为长沙英语爱好者们免费献上一顿英语口语的饕餮盛宴。即日起,家长们也可以到指定地点,领取演讲会门票,数量有限,先到先领,发完即止。

### 疯狂英语 让哑巴英语退出历史

随着英语的国际化,英语已成为中国学生从小学开始必修的一门学科。据统计,目前中国学生在不同教育阶段花在英语上的学习时间,小学为四分之一,中学为三分之一,大学为二分之一。按理说,如此多的“劳动时间”应该有高效益的“劳动产值”才对,然而,中国英语教育的结果却差强人意,许多学生学了十几年的英语直到大学毕业还是不能张口说英语。

为了化解这样的尴尬,更好地推动中国英语教育的进步,以口语和励志教育为主的李阳疯狂英语在全国开设了数百个疯狂英语实验班,上过课的学生都反映,听力考试不再像以前那样难,容易懂得,不仅部分实验班的平均成绩达到130分以上,更重要的是:许多人从此真正地爱上了英语,爱上了背诵,爱上了朗读。在李阳疯狂英语的教化和感染下,英语真正变成了国际交流的工具,为许多英语爱好者打下了坚实的基础。

### 励志李阳 家庭教育也疯狂

李阳曾在接受媒体采访时说过,疯狂英语有两个开拓性的意义,一是把英语教学从课堂带到了成千上万人的广场;二是将英语和励志教育成功结合,教会人们热爱生命,感恩父母,感恩老师。或许疯狂英语的第一个意义就是长期以来中国哑巴英语的杀手锏,那么它的第二个励志意义则是无数父母家庭教育借鉴的对象。李阳本身是3个孩子的爸爸,他的家庭教育是非常成功的,他的大女儿在2岁时,会自己倒开水、自己去睡觉、自己开灯上卫生间、自己搭配衣服、自己背书包上学……李阳的孩子们在面对困难时说得最多的是“I can do it”。

在中国,李阳科学而前卫的家庭教育观念受

到了很多家庭的追捧,他很多年前的大胆发言在今天来看,依然经典。

### 赶快领票 跟着李阳说英语 向李阳讨教育儿经

据了解,李阳将在讲座中对孩子们的英语学习、口语交流等进行指点,剖析中国人学习英语的误区。“教育必须要父母配合才能进行”。李阳表示,演讲会主要针对家长和孩子进行,所以要求家长一定要带着孩子一起参加,也因此,本次讲座采用“亲子套票”模式。不仅孩子可以激发学习的斗志,家长亦可获得教育孩子的妙招,如何与孩子有效沟通,如何把孩子激励成天才,如何把孩子打造成英语高手、如何把快乐、自信和责任感传给下一代、如何让家庭充满阳光和幸福等。

- 相关链接
- 演讲时间:2010年6月22日(周二)
- 演讲地点:湖南大剧院(长沙市韶山路157号)
- 主讲人:疯狂英语创始人李阳老师
- 领票须知:每场开放200套公益门票,在领票时需交50元定金,凭门票在演讲现场工作人员处退还定金;每张门票可以进两个人,限家长带小孩参加;领完为止!
- 领票地址:A、李阳疯狂英语湖南服务中心:长沙市建湘路曼哈顿大厦1510室(芙蓉广场你好漂亮旁方正期货楼上)王老师:13574068847
- B、映山红文化传播公司(定王台书城二楼77号)常老师:13974865054
- C、湖南大剧院(韶山路157号)黄老师:18673187330
- D、名典咖啡语茶(长沙各分店)周老师:13187018182
- 领票热线:82234353 86566376 88225282

book is intended for the Juvenile Diabetes Research Foundation (JDRF), an organization she serves as international chairman. "I felt there was a need for a book like this," she says. "I didn't want to lecture, but I wanted other diabetics to know that things get better when we're self-controlled and do our part in managing the disease."

But she hasn't always practiced what she teaches. In her book, she describes that awful day, almost 40 years ago, when she received two pieces of life-changing news. First, she had lost the baby she was carrying, and second, tests showed that she had diabetes. In a childlike act, she left the hospital and treated herself to a box of doughnuts (甜甜圈). Years would pass before she realized she had to grow up—again—and take control of her diabetes, not let it control her. Only then did she kick her three-pack-a-day cigarette habit, overcome her addiction to alcohol, and begin to follow a balanced diet.

Although her disease has affected her eyesight and forced her to the sidelines of the dance floor, she refuses to fall into self-pity. "Everybody on earth can ask, 'why me?'" about something or other," she insists. "It doesn't do any good. No one is immune (免疫的) to heartache, pain, and disappointments. Sometimes we can make things better by helping others. I've come to realize the importance of that as I've grown up this second time. I want to speak out and be as helpful as I can be."

61. Why did Mary feel regretful?  
A. She didn't achieve her ambition.  
B. She didn't take care of her mother.  
C. She didn't complete her high school.  
D. She didn't follow her mother's advice. [D]
62. We can know that before 1995 Mary \_\_\_\_\_.  
A. had two books published  
B. received many career awards  
C. knew how to use a computer  
D. supported the JDRF by writing [B]
63. Mary's second book *Growing Up Again* is mainly about her \_\_\_\_\_.  
A. living with diabetes  
B. successful show business  
C. service for an organization  
D. remembrance of her mother [A]
64. When Mary received the life-changing news, she \_\_\_\_\_.  
A. lost control of herself  
B. began a balanced diet  
C. tried to get a treatment  
D. behaved in an adult way [A]
65. What can we know from the last paragraph?  
A. Mary feels pity for herself.  
B. Mary has recovered from her disease.  
C. Mary wants to help others as much as possible.  
D. Mary determines to go back to the dance floor. [C]